



**Michigan State University  
Fulbright-Hays Group Study Abroad 2009:  
Nepal in the Contemporary World**



Lesson Plan  
from  
Dan Carlson  
Walled Lake Northern High School

**Title: An Introduction to Nepali Culture**

**Subject Areas: Sociology, World History**

**Grade Levels: 6-12**

**Length of Lesson: One and a half hour long class periods**

**Summary/Overview:**

**This lesson is a simple power point intended to give a basic understanding of Nepalese life and culture. It is presented in a number of Top 5 lists, with accompanying pictures, each covering a different aspect of Nepali life.**

**Primary Objectives:**

**There are two primary objectives. The first is to give a basic understanding of Nepalese life, as stated above. The second is to give our students a greater appreciation of the world around them, both in terms of how fortunate many of them are and how different people outside of the United States live.**

**Required Resources/Materials:**

**While there are no required resources, I will be using the following Nepali artifacts to enhance the presentation (but by no means does the presentation rely on these, please use this lesson even without these artifacts)**

- Topi (hat)
- Doko (basket)
- Namlo (strap)
- Little Nepali chair
- Authentic Gurung outfit
- 10<sup>th</sup> grade Nepali social studies book
- Buddhist prayer flags

**Assessments:**

**Formal assessments could simply be multiple choice questions on an upcoming test, but more important, I think, would be a one page reflective journal entry asking the students to compare what they just learned about Nepal, with what they already know about America. What is different, what is the same, or why things are the way they are in Nepal. This homework assignment could be the basis for discussion the following class period.**

**Michigan Content Expectations Met:**

**This is being used primarily for a sociology class which, as of Sept. 2009, does not have state content expectations. However, I feel strongly that it could be used in any social studies class, as there is often more to learn than what is laid out by the state content expectations.**

**Bibliography Unique to this lesson:**

Chandra, Bhadra. "Gender Issues in Nepal." Sunset Hotel, Katmandu. 8 July 2009

Hachethu, Krishna. "Democratic Transformation in Nepal." Hotel Himalaya, Katmandu.

17 June 2009

Sharma, Kalu. "Health, Illness and Child Development." Pachimanchal Secondary School, Pokhara. 30 June 2009